October 2026

Royal Oak House Newsletter



Royal Oak House | 1900 N. Washington Ave., Royal Oak MI 48073 | 248-585-2550

Management Team

Executive Director
Nechell' Hamler

Wellness Director
Charvetta Livingston, LPN

Marketing Director
Kelly Faff

Staffing Coordinator
Stevie Awosanya

Maintenance
Darrell Mitchell

Life Enrichment Director
Sara Pollak

Month at a Glance

10/5 – Cider and Donuts

10/8 – Pumpkin Bowling

10/13 – "Bobbing for Apples"

10/15 – Pumpkin Decorating with Clawson Guardian Angels

10/22 – Design your own Witch Hat

10/27 – GHOST Bingo!

10/28 – Resident Halloween Bash





Resident Birthdays

Jim B. – 10/11

Charles B. – 10/30



Goodbye! September













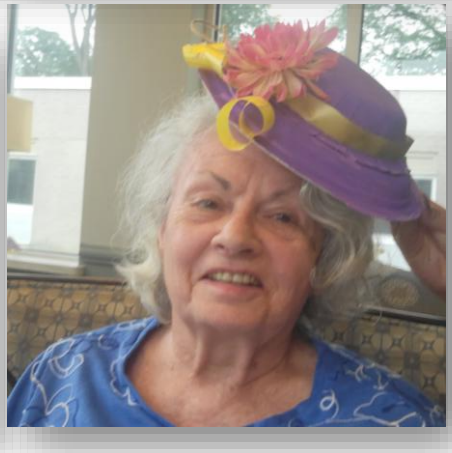
















Thank you to Designs by Guzzardo's of Madison Heights who provide a generous number of fresh flowers every Wednesday for residents to participate in floral arranging. DBG flowers is located in Madison Heights at 26000 Pinehurst drive, offering a wide variety of flowers, edible arrangements, and more!

DBG flowers





Denise Burton

Reception

Congratulations to Denise our Employee of the Month! As our weekend receptionist, she is always ready with a friendly smile and a helping hand. She regularly goes above and beyond her role by supporting other departments and assisting wherever needed. We truly appreciate her flexibility, positive attitude, and dedication to our residents and team. Thank you for all you do, Denise!

October



In astrology, those born October 1–22 balance the scales of Libra. Libras seek equality, justice, and harmony. Eager to cooperate, Libras are charming diplomats who seek compromise and goodwill. Those born between October 23–31 are Scorpios. Scorpios are passionate and assertive leaders who value honesty and fairness above all—but betray a Scorpio and suffer the scorpion sting. Befriend a Scorpio and you will have not just a friend for life, but an advocate and confidant.



Famous Birthdays	Birth Flower	Birthstone
Julie Andrews – 10/01 *Bud Abbott – 10/02* *Chubby Checker – 10/03* *Susan Sarandon – 10/04* *John Mellencamp – 10/07* *R.L. Stine – 10/08* *John Lennon – 10/09* *Eleanor Roosevelt – 10/11* *Ralph Lauren – 10/14* *Angela Lansbury – 10/16* *Rita Hayworth – 10/17* *Chuck Berry – 10/18* *Teddy Roosevelt – 10/27*	 *Calendula symbolizes joy, gratitude, and perseverance due to its bright, sun-like appearance and clockwork blooming pattern. Historically, it has represented healing, protection, and the divine, particularly with the Christian name "Mary's Gold"*	 *The opal birthstone meaning is tied to purity, hope, truth, loyalty, confidence, and love. Its mesmerizing "play-of-color" phenomenon symbolizes creativity, inspiration, and transformation*

The History of Halloween

How the holiday began and why it continues

Learn about the origin and meaning of jack-o'-lanterns, trick-or-treating, costumes and other Halloween traditions from Today.com

Why do we celebrate Halloween?

Experts in medieval and Renaissance studies tell us Halloween took root in the U.S. sometime around the 19th century, when the Irish immigrated to America, bringing their traditions and celebrations, including All Saints' Day, with them. The night before All Saints' Day, people would hold vigils for the souls that hadn't yet gone to heaven and were trapped in purgatory. In essence, it was night to pray for the dead — and thus Halloween was born. Other experts believe it originated from Christian missionaries who came to convert Irish Celtics and discovered them celebrating Samhain (pronounced SAH-win), a festival celebrating all about ghostly stories and moving into a darker time of year. And while Halloween has been celebrated in the U.S. since at least the late 1800s, it really took off in the 1900s after retailers began mass producing Halloween cards, decorations and costumes, pushing the holiday into the mainstream.

Why do we pass out candy?

Fun costume parties and trick-or-treating have become synonymous with Halloween, but that wasn't always the case. For many years, Halloween was a night devoted to tricking or pulling pranks on unsuspecting people. By the 1930s, the pranks turned into full-blown vandalism, resulting in millions of dollars of damage to major U.S. cities. "[People] were smashing light fixtures and setting fires and tripping people on sidewalks, and, in 1933, vandals did so much damage it became known as 'Black Halloween,'" Experts say. After Black Halloween, many cities contemplated banning the holiday altogether, but instead decided to adopt a popular Canadian tradition. "The idea seems to have been that if you offer treats, the kids won't go around and play tricks," the idea picked up speed in the United States in the '30s and '40s resulting in today's Halloween ritual of ringing doorbells and shouting "Trick or treat" in hopes of scoring candy.

Why do we dress up and carve pumpkins?

Costumes are a somewhat very modern tradition. The reason why we don costumes remains somewhat of a mystery to experts. In the 1920s, magazines featured kids draped in sheets pretending to be ghosts, however, it's possible that costumes were worn well before then. In fact, wearing costumes might actually be linked to Christmas and an old custom called "belsnickeling," where costumed children would perform plays for their neighbors in exchange for treats, not unlike modern-day Halloween. Carving jack-o'-lanterns can be traced back to Ireland and the concept stems from the old tale of a man named "Stingy Jack." As folklore goes, Jack — a drunkard and evil-doer — cheated death three times throughout his life by tricking the devil out of taking his soul. When he finally died, Jack was barred from heaven and refused entry into hell by the angry devil. Sentenced to walk through the dark worlds of good and bad for eternity, Jack carries a carved-out turnip with a glowing ember inside to light his way. Sound familiar? Jack-o'-lantern. According to the Library of Congress, the "Stingy Jack" story likely inspired the Irish to carve faces into turnips in an effort to ward off evil spirits. "When the Irish and Scottish came to America, they found these gorgeous native pumpkins and (they) were even better than turnips," says Morton. Not to mention their size made them easier to carve.

October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Morning Chronicle Visits A.M. Shrine Catholic Visits 10:30 Pet Therapy with Julia the Greyhound (R2R) 1:30 Craft Group: Fall Door Wreaths (AL) 3:30 Room Visits (R2R)	2 Morning Chronicle Visits 10:15 Fitness Dice (AL) 2:00 Movie Matinee with Popcorn (AL) 2:30 Kickball! (MC)	3 Morning Chronicle Visits 10:30 Activity Cart (R2R) 1:30 Movie Matinee with Popcorn (MC) 2:00 Cards and Board Games (AL) 3:30 Room Visits (R2R)
4 Morning Chronicle & Sunday Prayer Visits 10:30 Praying Hands Craft (AL) 1:30 Sundae Funday! (R2R) 3:30 Group Coloring Project (MC)	5 Morning Chronicle Visits 11:15 Mind and Body Fitness (AL) 1:30 Cider & Donuts (AL) 3:30 Music & Manicures (MC)	6 Morning Chronicle Visits 11:00 Balloon Volleyball (AL) 1:30 Bingo! (AL) 3:30 Walking Visits (R2R)	7 Morning Chronicle Visits 11:15 Wednesday Workout (AL) 1:30 Floral Arranging (AL) *Provided by DBG Madison Heights Salon Day	8 Morning Chronicle Visits A.M. Shrine Catholic Visits 10:30 Pumpkin Bowling! (AL) 1:30 Craft Group: Halloween Suncatcher (AL) 3:30 Room Visits (R2R)	9 Morning Chronicle Visits 10:15 Fitness Dice (AL) 2:00 Movie Matinee with Popcorn (AL) 2:30 Balloon Volleyball (MC)	10 Morning Chronicle Visits 10:30 Pet Therapy with Julia the Greyhound (R2R) 1:30 Movie Matinee with Popcorn (MC) 2:00 Paper Strips Pumpkin (AL) 3:30 Room Visits (R2R)
11 Morning Chronicle & Sunday Prayer Visits 10:30 Finish the Phrase Bible Edition (AL) 1:30 Sundae Funday! (R2R) 3:30 Group Coloring Project (MC)	12 Morning Chronicle Visits 11:15 Mind and Body Fitness (AL) 1:30 Music & Manicures (AL) 3:30 Hand Massages (MC)	13 Morning Chronicle Visits 11:00 Bobbing for Apples (AL) 1:30 Bingo! (AL) 3:30 Trivia Visits (R2R)	14 Morning Chronicle Visits 11:15 Wednesday Workout (AL) 1:30 Floral Arranging (AL) *Provided by DBG Madison Heights Salon Day	15 Morning Chronicle Visits A.M. Shrine Catholic Visits 10:30 Pumpkin Decorating with Clawson Guardian Angels (AL) 1:30 Golf Ball Toss (AL) 3:30 Room Visits (R2R)	16 Morning Chronicle Visits 10:15 Fitness Dice (AL) 2:00 Movie Matinee with Popcorn (AL) 2:30 Kerplunk! (MC)	17 Morning Chronicle Visits 10:30 Pet Therapy with Julia the Greyhound (R2R) 1:30 Movie Matinee with Popcorn (MC) 2:00 Beaded Corn Craft (AL) 3:30 Room Visits (R2R)
18 Morning Chronicle & Sunday Prayer Visits 10:30 Pet Therapy with Cash the Cat (R2R) 1:30 Sundae Funday! (R2R) 3:30 Group Coloring Project (MC)	19 Morning Chronicle Visits 11:15 Mind and Body Fitness (AL) 1:30 Tea Time & Guess the Logo Game (AL) 3:15 Music & Manicures (MC)	20 Morning Chronicle Visits 11:00 Beanie Baby Races (AL) 1:30 Bingo! (AL) 3:30 Walking Visits (R2R)	21 Morning Chronicle Visits 11:15 Wednesday Workout (AL) 1:30 Floral Arranging (AL) *Provided by DBG Madison Heights Salon Day	22 Morning Chronicle Visits A.M. Shrine Catholic Visits 10:30 Cards & Board Games (AL) 11:00 Nurturing Moments (MC) 1:30 Craft Group: Witch Hats (AL) 3:30 Room Visits (R2R)	23 Morning Chronicle Visits 10:15 Fitness Dice (AL) 2:00 Movie Matinee with Popcorn (AL) 2:30 Relaxation Hand Massages (MC)	24 Morning Chronicle Visits 10:30 Pet Therapy with Julia the Greyhound (R2R) 1:30 Movie Matinee with Popcorn (MC) 2:00 Left, Right, Center Game (AL) 3:30 Room Visits (R2R)
25 Morning Chronicle & Sunday Prayer Visits 10:30 Coffee and a Crossword (AL) 1:30 Sundae Funday Social (AL) 3:30 Group Coloring Project (MC)	26 Morning Chronicle Visits 11:15 Mind and Body Fitness (AL) 1:30 Music & Manicures (AL) 3:30 Hand Massages (MC) **Magical Monday**	27 Morning Chronicle Visits 11:00 Spider Ring Toss (AL) 1:30 GHOST Bingo! (AL) 3:30 Trivia Visits (R2R) **Throwback Tuesday**	28 Morning Chronicle Visits 11:15 Witchy Workout (AL) **Resident Halloween Bash!** **2:00 (D)** **Wear a Costume!**	29 Morning Chronicle Visits A.M. Shrine Catholic Visits 11:00 Card Group (AL) 1:30 Craft Group: Ghost Painting (AL) **Fall Flannel Day**	30 Morning Chronicle Visits 10:15 Fitness Dice (AL) 2:00 Movie Matinee with Popcorn (AL) 2:30 Color & Cut Witch (MC) **Wear a Halloween Top**	31 Morning Chronicle Visits 10:30 Pet Therapy with Julia the Greyhound (R2R) 1:30 Movie and Popcorn (MC) 2:00 Guess what's in the Witch Hat (AL) Halloween

All Activities are subject to change



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Breakfast: Confetti Eggs, Sausage ,Toast Lunch: Chef Salad Dinner: Sweet &Sour Chicken, Rice, Broccoli	2 Breakfast: Pancakes & Bacon Lunch: Meatloaf, Mashed Potatoes, Corn Dinner: Chili Dogs & Fries	3 Breakfast: Potatoes, Eggs & Cheese Bowl Lunch: Krabby Cakes & Cole Slaw, Onion Rings Dinner: Glazed Ham, Scalloped Potatoes, Brussels Sprouts Simchat Torah Begins
4 Breakfast: Ham, Eggs, & Cinnamon Roll Lunch: Italian Sausage & Mac Cheese Dinner: Pork Loin, Rice Pilar, green beans	5 Breakfast: Breakfast Burrito Hashbrown Lunch: Turkey & Cheese sandwich ,Cabbage soup Dinner: Calzone & Side Salad	6 Breakfast: Belgian Waffles & Sausage Lunch: Fried Chicken, Sweet Potatoes, Mixed Vegetables Dinner :Tuna Melt on Rye with Fries	7 Breakfast: Eggs, Bacon & Bagels Lunch: Chicken Salad on Croissant with Cole Slaw T Dinner: Shrimp Alfredo	8 Breakfast: Ham & Cheese Quiche Lunch: Country Fried Steak Rice, Vegetables Dinner: Open face Hot Turkey Sandwich	9 Breakfast: Stuffed French Toast & Bacon Lunch: Taco Salad Dinner: Baked Fish, Rice, Vegetables	10 Breakfast: Sausage & Cheese Strata Lunch: Chicken Sandwich Dinner: Meatballs ,Roasted Cheesy Potatoes, Vegetables
11 Breakfast: Biscuits, Eggs & Ham Lunch: Potato Bowl Dinner: Pasta Bake	12 Breakfast: Apple Cinnamon Pancakes & Bacon Lunch: Manwich & Pasta Salad Dinner: Chef's Choice Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	13 Breakfast: Corned Beef Hash & Cheesy Eggs Lunch: Pepper Steak & Rice Dinner: Casserole & Vegetables	14 Breakfast: Eggs, Sausage & Cinnamon Roll Lunch: Chicken Caesar Salad Dinner: Beef Tips over Noodles & Vegetables	15 Breakfast: Boiled Egg, Ham & Hashbrown Lunch: Texas Chili & Corn Bread Dinner: Fried Pork Chops, Roasted Potatoes & Green Beans	16 Breakfast: Bacon, Egg, & Cheese Croissant sandwich with Muffin Lunch: Cheeseburger & Fries Dinner Chef's Choice	17 Breakfast: Meat Lover Strata Lunch: Stuffed Chicken & Scalloped Potatoes, Mixed Vegetables Dinner: Spaghetti ,Garlic Bread, & Side Salad
18 Breakfast: Danish, Yogurt & Cheesy Eggs Lunch: Salisbury Steak ,Rice Pilaf, Vegetable Dinner: Calzone	19 Breakfast: Eggs, Bacon & Toast Lunch: Ham & Swiss Subs Dinner : Fish & Chips	20 Breakfast: Chocolate Chip Pancakes & Sausage Lunch: Bbq Pulled Pork Sandwich, Cole Slaw, Baked Beans Dinner: Shepard's Pie	21 Breakfast: Boiled Eggs, Bagel & Yogurt(Fruit) Lunch: Strawberry Chicken Salad Dinner: Pizza & Pasta Salad	22 Breakfast: French Toast & Bacon Lunch : Pot Roast Dinner : Chicken Parmesan over Pasta with Vegetables	23 Breakfast: Biscuits & Gravy, Fried Egg & Sausage Lunch: Chef's Choice Dinner: Meatball Sub & Fries	24 Breakfast: Belgian Waffles & Ham Lunch: Italian Sausage & Peppers With Mashed Potatoes Dinner: Beef Pot Pie
25 Breakfast: Sausage & Cheese Quiche Lunch: Chicken Stew Dinner: Loaded Potatoes & Side Salad	26 Breakfast: French Toast & Bacon Lunch: Patty Melt & Sweet Potato Fries Dinner: Pork Loin ,Sweet Potatoes & Vegetables	27 Breakfast: Breakfast Casserole Lunch: Baked Fish, Rice, Vegetables Dinner: Chicken Tenders & Baked Beans	28 Breakfast: Eggs, Bacon & Toast Lunch: Cobb Salad Dinner: Goulash & Dinner Roll	29 Breakfast: Sausage , Egg & Muffin Lunch: Meatloaf, Mashed Potatoes, Broccoli Dinner: Chicken Teriyaki, Rice, Vegetables Egg Rolls	30 Breakfast: Fried Egg ,Cheese & Ham Sandwich with Hashbrown Lunch: Fish Taco ,Corn, Black beans, & Salsa Dinner: Kielbasa & Sauerkraut	31 Breakfast: Pumpkin Spice Pancakes & bacon Lunch: Chicken Monterey Potatoes & Vegetable Dinner: Soft Taco, Corn, Black beans Halloween

Type the name, address, and other information about your community/company here.



Interested in checking out library books?

Royal Oak Public Library wants to bring the library to you!

The Royal Oak Public Library Home Delivery Service program helps fulfill the library's mission by offering services to residents who are unable to leave their home due to disability or illness.

Please contact Sara in activities to fill out a library card and home delivery application!

Salon

Treat yourself to a fresh look with our hairdresser, Teresa.

To schedule an appointment, please call or stop by the Reception Desk.

Services Available:

- Shampoo & Styling
- Haircuts
- Beard Trims & Shaves
- Perms
- And more!

Families, please remember to stop by the reception desk to pick up any mail being held for your loved one.

NATIONAL SHRINE OF THE LITTLE FLOWER BASILICA | 1926 2026 100 YEARS

Residents interested in being added to the Catholic visit and Communion list may contact Sara in Activities to arrange visits from Catholic Shrine volunteers.

ANNOUNCEMENT

WE ARE NOW ACCEPTING HALLOWEEN CANDY DONATIONS

OCT. 1ST THROUGH OCT. 28TH



OCTOBER, 2026

ON WEDNESDAYS, WE WEAR PINK!



WEAR PINK ON WEDNESDAYS DURING THE MONTH OF OCTOBER IN OBSERVANCE OF BREAST CANCER AWARENESS MONTH



ROYAL OAK HOUSE

SOCKTOBER DONATION DRIVE

Help us warm the feet of our neighbors in need!

WE ARE PARTNERING WITH WELCOME INN DAY CENTER OF ROYAL OAK AND SOUTH OAKLAND CITIZENS FOR THE HOMELESS TO COLLECT MUCH-NEEDED COLD-WEATHER ESSENTIALS.

WE ARE COLLECTING NEW ADULT & YOUTH-SIZE SOCKS, GLOVES, AND HATS.

📅 OCTOBER 1–31

📍 DROP OFF YOUR DONATIONS IN OUR SOCKTOBER DONATION BIN ANYTIME THROUGHOUT THE MONTH!